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MESSAGE FROM GURUDEV SRI SRI RAVI SHANKAR

Seva or service has always been a vital aspect of life in India. It is the most effective antidote to depression. Today, we see people all over the world in so-called developed countries committing suicides or engaging in senseless acts of violence because this element is missing in society. In communities where service is a way of life, we do not see any mental illnesses or imbalances in people. Life yearns to attain fullness and service is nothing but sharing this fullness or abundance. An attitude to serve is very essential for an emotionally and socially healthy society and there is a need to highlight these qualities in people.

I am happy to know that Rashtriya Sewa Bharati and Sant Eshwer Foundation are honouring people who have made a difference at the grassroot level with this award. I hope that this award will inspire more and more people towards selfless service.

Blessings and Best wishes

Gurudev Sri Sri Ravi Shankar